

Spinach Salad with Avocado, Mango and Radishes

Ingredients

- 1/4 cup orange juice
- 1 tablespoon red-wine vinegar
- 2 tablespoon walnut oil, almond oil or canola oil
- 1 teaspoon Dijon mustard
- 1/8 teaspoon salt, or to taste
- Freshly ground pepper, to taste
- Spinach leaves (about 6 ounces)
- 1 cup radicchio, torn into bite-size pieces
- 6 small red radishes , sliced
- 1 small ripe mango, sliced
- 1 medium avocado, sliced

Directions

1. **To prepare dressing:** Whisk juice, vinegar, oil, mustard, salt, and pepper in a bowl.
2. **To prepare salad:** Just before serving, combine spinach, radicchio, radishes, and mango in a large bowl. Add the dressing; toss to coat. Garnish each serving with avocado slices.